

# Finding Peace through Meditation



With British Medium Colin Bates  
November 3, 2008  
7:30 – 9:00pm \$25  
At The Journey Within  
973-616-9685

Have you tried to stop the chaos by trying to meditate? Do you have problems quieting your mind? Have you wondered how to become still? Join Colin as he guides you into a meditative state.



Send Registration to; The Journey Within 25 Carr Street Pompton Lakes, NJ 07442  
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Name:

Address:

Phone Number:

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