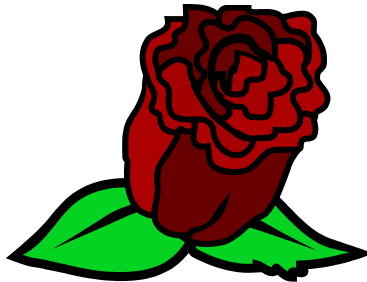


## *WOMENS' EMPOWERMENT AFTERNOON*



*Women's lives are filled to the brim with responsibility and commitment to family, friends, work, and outside causes. In the midst of that, we sometimes forget our own incredible power and the strength of that power that lies not only within ourselves but in all of the women we share this life experience with.*

*Share an empowerment afternoon of laughter, meditation, readings and sharing exercises designed to help us not only remember but to embrace the feminine power in each of us.*

**SUNDAY SEPTEMBER 26<sup>TH</sup>, 2010  
2-4 PM**

Send Registration to: The Journey Within 25 Carr Street Pompton Lakes, NJ 07442 9-26-10  
Womens' empowerment

NAME:

ADDRESS:

PHONE :

METHOD OF PAYMENT: